



# ecoaction teams

## ...for apartments and condos



Although an apartment or condo dweller often has less control over the sources of their heat and hot water, there is still a lot you can do to improve the efficiency of your household, including small changes in day-to-day behaviour.

There is also the opportunity to affect change in the building as a whole. Both neighbours and building management can be approached with suggestions.

Check out [calculator.ecoactionteams.ca](http://calculator.ecoactionteams.ca) for household energy, water and waste conservation, as well as sustainable food and gardening activities.

**For your apartment or condo, you'll want to consider your lighting, appliances, water use, food shopping and other day to actions in order to reduce your impact upon climate change.**

### Energy

Energy savings building wide can also be realized by affecting the behaviour of all tenants. Put up notices in your laundry rooms letting people know how much energy can be saved by switching from hot water washes to cold water washes or by adjusting the refrigerator thermostat between 2 and 3 degrees Celsius and the freezer between -18 and -15 degrees Celsius.



### Lighting

Talk to your building manager or condo board about retrofitting your buildings hallways, stair-wells, common areas and exit signs to energy efficient LED (light emitting diode) and T5 fluorescent lighting.

You can also talk to your building management about installing motion detecting lights in common rooms, storage areas, and outdoor security lighting areas. Suggest that your neighbours replace the lighting in their units as well. Go to [ecoactionteams.ca](http://ecoactionteams.ca) for information you can pass on to your neighbours and friends.

### Water

Encourage your building management or condo board to look into low flow showerhead, low flow toilet and tap aerator installations.



### Food & Garden

Encourage your neighbours to shop locally and sustainably by posting information for community gardens, farmer's markets and food share programs on your message boards.



### Transportation

It's not always easy to find a friend or co-worker to share a ride with to work, so why not a neighbour? Post a request for carpool buddies on your building's message board, or better yet, organize a carpool group so you're never short of a ride whether it's to work or out of town.